



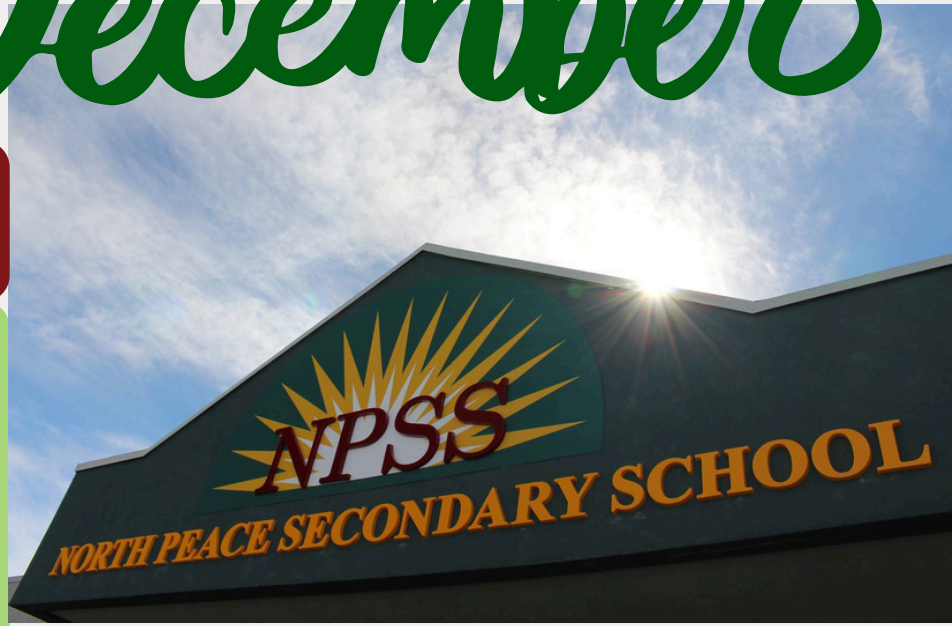
December

NPSS MONTHLY NEWS DECEMBER 2025

As the holiday season approaches, we send our heartfelt wishes to all our students and families for a joyful and memorable break.

May you find time for rest, relaxation, and the warmth of loved ones. We look forward to welcoming everyone back safely on January 5, 2026.

Sincerely,
Mr. Koponyas
Mrs. Peregoodoff
Ms. McNicol



REMINDER :

Due to severe airborne allergies students and all visitors to NPSS are not to bring in any food that contains peppers.

Take a look at these important Links:

NPSS Code Of Conduct: <https://npss.prn.bc.ca/our-school/code-of-conduct/>

Attendance Email: npss.attendance@prn.bc.ca

Cell Phone Policy



Contact Us :



250 785 4429



9304 86 St Fort St. John, BC



<https://npss.prn.bc.ca/>

North Peace Secondary School Musical Theatre Presents

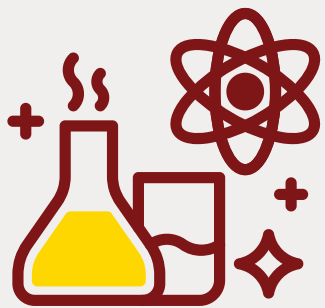
Dr. Seuss's
How The GRINCH STOLE CHRISTMAS!
THE MUSICAL

North Peace Cultural Centre

December 5, 6, 11, 12, & 13
7:00 pm

© 1957, 2018 Dr. Seuss Enterprises, LP.

Anatomy & Physiology 12



The Anatomy and Physiology 12 classes designed and performed their own experiments to investigate how factors like temperature, pH, inhibitors, and concentration affect the rates of chemical reactions in the body.



Careers



There are 2 NEW programs at NLC available for students to apply in Gr 11 to take in Gr 12 through the Dual Credit program with tuition paid and credits toward graduation earned. They are:

Environmental Restoration Diploma

and

Environment Site Assessment Technician Certificate

Students have been busy in our Dual Credit programs & YETS program



Remembrance Day

Special Guest - Lieutenant Reeves



we will remember
we will remember
we will remember

Chilli & Bannock



Chilli & Bannock Fundraiser was put on by Senior Alt to raise funds for students in need of food or supplies



Chess



Finals

December 5th

In the library at lunch

Did you know?

You can meet Authors in the library...In

October award-winning published author Carleigh Baker visited the NPSS Library for two sessions, where she read excerpts from her newest book and engaged the students in a storytelling activity. Ask Mrs. Nimmo when you can meet the next author!



ACHIEVEMENT

The Governor General's Academic Medal, established in 1873, recognizes students who have achieved the highest academic average. The Bronze medal is awarded at the secondary school level. This is one of the most prestigious awards that a secondary school student in Canada can receive. On November 12, 2025, Mr. Todd Koponyas, Principal of North Peace Secondary School, was pleased to present the 2025 Governor General's Bronze Academic Medal to Krispin Johnson, on behalf of the Governor General Mary Simon. Krispin had an academic grade point average of 95.53%.



ART

Studio Arts 3D 11 and 12

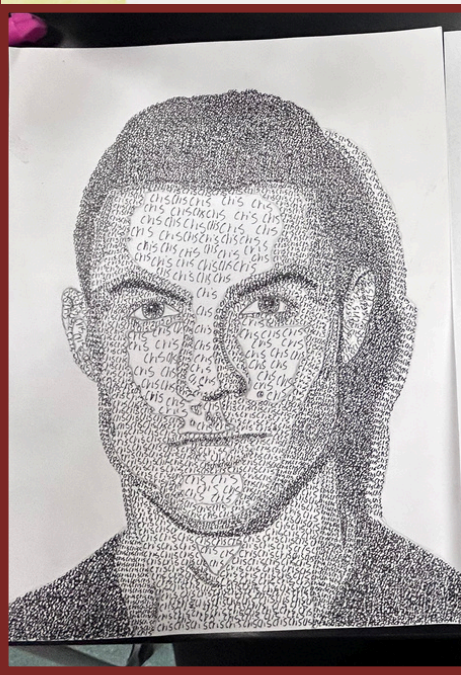
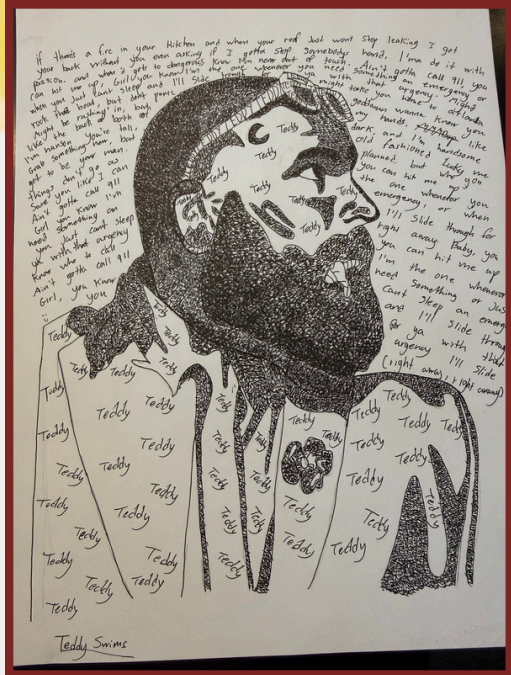
Students are building functional ceramic pieces. They learned how to make mugs and applied glaze to make them food safe. These are a few of the recent finished works.



ART

Graphic Arts 11

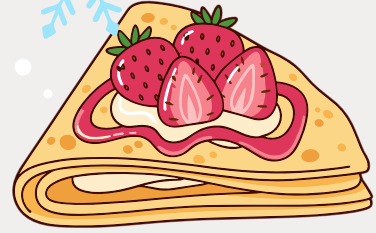
Students created typography portraits. They used only words to build tone and form, layering text to create a shaded portrait. They could use a name, lyrics, or personal writing.



Studio Arts 2D 11

Students learned core water colour techniques and completed an obsession painting. They chose a subject they are drawn to and created a detailed water colour piece.

FOOD & French



Ms Okrainec's Foods 11 and Ms. Lindley's 11/12 (as well as 2 SEL students) collaborated in November to make crepes. It coincided with the francophone food/culture unit we are doing in French.





It's been quite a month for athletics at NPSS. As we transition into our winter season of play, our fall sports have wrapped up with excitement, determination, and some outstanding performances.

Our Senior Boys Soccer team showed incredible heart and hustle at the Provincial Boys AAA Championship in Burnaby. The boys represented NPSS with pride, battling hard in every match and demonstrating the grit and teamwork that define our athletic program.



Meanwhile, our Volleyball program is closing out its season on a high note. Our Senior Girls Volleyball team, currently ranked 10th in the province, is gearing up for the upcoming AAAA Provincial Championships. With their strong teamwork, resilience, and high-level play, the girls are looking to make a big statement on the provincial stage. **PROVINCIAL UPDATE!** The Team placed 13th overall at provincials with close matches in every game. Thank you all for your support!



Jr. Girls Regionals Medals



Sr. Girls Zone Medals

With fall athletics coming to an exciting finish, we're looking forward to carrying that momentum into our winter sports season. Basketball is in full swing!

Counselor's Corner



How to Reduce Holiday Stress

Remember, these tips are designed to help you navigate the holiday season with greater ease and enjoyment. Embrace the moments, and cherish the time with your high schooler!



1. Plan Ahead

- Keep track of school, parenting, and family commitments.
- Having a simple plan can make busy days feel more manageable.

2. Set Realistic Expectations

- Things may not go perfectly, and that's okay.
- Focus on meaningful moments with your child rather than trying to do it all.



3. Take Breaks

- Short breaks for yourself—even a quiet moment with a cup of tea—can help you reset.
- Small pauses make it easier to handle stress throughout the day.

4. Practice Self-Care

- Caring for yourself helps you care for your child.
- Find small ways to recharge: sleep, nutritious meals, brief relaxation exercises, or mindful breathing.



Yearbook 2025-2026

Yearbooks are on sale now! Check your emails from Mrs. Andrews for more passcodes and pricing!

Survey information will be used to supply information about trends and for the grade 12's, there are additional questions that will be used to write a unique paragraph to be published next to their grad photo. The 2025-2026 NPSS yearbook is available for pre-order through the publisher's website, [Treering](https://www.treering.com). You can also create an account and order a book with this QR Code.



Cafeteria updates!

Pantry Program is available to students during the day.

NEW! Gift cards available



Senior ALTERNATIVE



Student led initiatives to support our school community

Please contact the School at 250-785-4429

DONATIONS NEEDED

HELP US OUT!!!

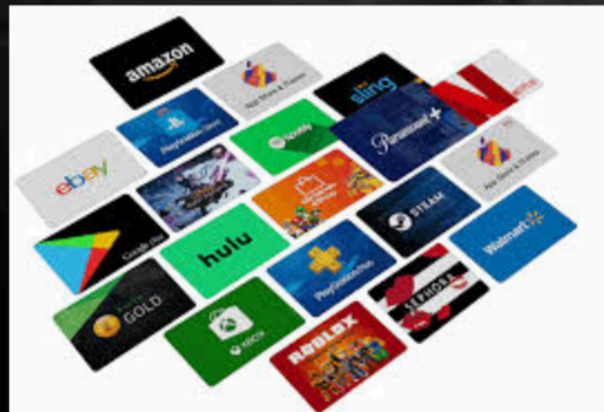
Collect non perishable food items in your classrooms, to fill the Husky bus.

FUNDRAISING!!!

We are also raising money for gift card to help families in need.

GROCERY GIFT CARDS!

Grocery gift cards that are \$25, \$50, \$100, are being dropped off at the office or in Sr Alt classroom.





Merry Christmas!

**From the NPSS Indigenous
Support Team.**



IMPORTANT DATES:

- DEC 16TH - HOLIDAY LUNCH FOR STUDENTS
- DEC 17TH - TALENT SHOW
- DEC 19TH - LAST DAY OF SCHOOL BEFORE THE HOLIDAY BREAK
- JAN 5TH - SCHOOL RE-OPENS



AS WE REACH THE HOLIDAY SEASON, WE WANT TO TAKE A MOMENT TO THANK YOU FOR ALL THE HARD WORK, KINDNESS, AND SUPPORT YOU'VE SHOWN THROUGHOUT THE YEAR. WE ARE SO PROUD OF EVERYTHING OUR STUDENTS HAVE ACCOMPLISHED AND ARE SO GRATEFUL FOR THE WONDERFUL FAMILIES WHO MAKE OUR COMMUNITY SO SPECIAL.

WE HOPE YOU TAKE THIS TIME TO REST, REFLECT, AND ENJOY THE MOMENTS THAT MATTER MOST. WISHING YOU A JOYFUL, PEACEFUL, AND SAFE CHRISTMAS HOLIDAY BREAK SURROUNDED BY LOVED ONES.

TSáá? CHÈ NE DANE - BEAVER PEOPLE LANGUAGE

- JE AA HAANACH'E - HOW ARE YOU
- WUUJQ. - THINGS ARE GOOD
- DANE-JèHJèH-NE - TEACHERS



Looking forward to seeing you in the New Year

Rick, Mrs. Lowther, Jessica & Carmen!

DECEMBER

2025

SUN MON TUE WED THU FRI SAT

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Important Dates to Remember

- Friday, **December 5**, Saturday, **December 6**, Thursday, **December 11**, Friday, **December 12**, Saturday, **December 13, 2025**- The Grinch
- Tuesday, **December 16, 2025**- Holiday Turkey Lunch
- Wednesday, **December 17, 2025**- Winter Talent Show
- Friday, **December 19, 2025**- Trackers Hockey Game
- Monday, **December 22, 2025**- Friday, **January 2, 2026** Christmas Vacation Period
- School Reopens - **January 5th**

Grad 2026 Dates:

- Monday, **January 12** - Saturday, **January 17, 2026**- Grad Photos
- Monday, **January 19** - Tuesday, **January 20, 2026**- Grad Photos
*More information to come
- Thursday, **June 18, 2026**- Grad Rehearsal at 3:30 pm, Grad BBQ at 5:00 pm
- Friday, **June 19, 2026**- Grad Ceremony at 1:30 pm and Grand March at 8:00 PM

